



Grade 4 Sexual Health Education Quiz – Grade 4

- 1. What areas on your body are usually always covered up in public?**

- 2. When is it ok for another person to touch those areas?**

- 3. What is puberty?**

- 4. At what age do people start going through puberty?**

- 5. Why do some kids physically mature faster than others?**

- 6. What are the names of the main hormones that will cause these changes in male and female bodies?**

- 7. What changes happen to all children during puberty?**

- 8. What changes happen to people with penises?**

- 9. What changes happen to people with vulvas?**